

Soft Step

It is very important for diabetics to take the necessary precautions to prevent all foot related injuries. Due to the consequences of neuropathy, daily observation of the feet is critical. When a diabetic patient takes the necessary preventative foot care measures, it reduces the risks of serious foot conditions.



Styles
 1003 Black Lycra/Leather Strap
 1004 Black Lycra/Leather Lace

Description

Available Sizes: Men's – Medium/Wide 5 – 12, 13, 14; X-Wide 6 – 12, 13;
 Women's – Wide/X-Wide 6 – 13, 14, 15;
 XX-Wide 7 – 13, 14

Malibu



Styles
 9202 White Lace
 9200 Black Lace
 9203 Bone Lace

Description

Available Sizes: Women's – Medium/Wide/Extra Wide: 5.5 – 10, 11

Newport Women's



Styles
 9000 Women's Black Lace
 9002 Women's White Lace
 9010 Women's Black Strap
 9012 Women's White Strap

Description

Available Sizes: Women's – Medium/Wide/Extra Wide 6 – 10, 11

Sojourn



Styles
 131 Black Leather Strap
 221 Black Leather Lace
 224 Chestnut Leather Lace

Description

Available Sizes: Men's: E, EE, 4E: 7 – 13, 14

Nellie II



Styles
 10700 Black Leather
 10710 Black Lycra

Description

Available Sizes: Women's – Medium/Wide/X-Wide 5 – 10, 11, 12

Newport Men's



Styles
 6000 Men's Black Lace
 6002 Men's White Lace
 6010 Men's Black Strap
 6012 Men's White Strap

Description

Available Sizes: Men's – Medium/Wide/Extra Wide 8 – 12, 13, 14

Sure Step



Styles
 1001 Black Strap
 1002 Black Lace

Description

Available in M, W and XW

Available Sizes: Men's – Medium/Wide: 5 – 12, 13, 14; Extra Wide: 6 – 12, 13
 Women's – Wide/Extra Wide: 6 – 13, 14, 15;
 XX Wide: 7 – 13, 14

Venice



Styles
 9410 Black Leather
 9416 Brown Nubuc

Description

Available Sizes: Women's – Medium/Wide/Extra Wide: 5.5 – 10, 11

Patient Information

Patient's Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ S.S.N.: _____
 Date of Birth: _____ Male: _____ Female: _____

Insurance Information

Primary Insurance: _____
 Policy #: _____
 Phone #: _____
 Secondary Insurance: _____
 Policy #: _____
 Phone #: _____

Physician's Information

I certify that all of the following statements are true:
 The patient has diabetes mellitus: Yes or No
 Diagnosis Code: _____

The patient has one or more of the following conditions: (check all that apply)

- History of partial or complete amputation of the foot.
- History of previous foot ulceration.
- History of pre-ulcerative callus.
- Peripheral neuropathy with evidence of callus formation.
- Foot deformity.
- Poor circulation.
- Edema.

This patient is being treated under a comprehensive plan of care for diabetes. This patient needs depth inlay, extra-depth shoes with multiple density inserts because of his or her diabetes. yes no

Physician's Name (First, Last) _____
 UPIN # _____
 Physician's Signature _____ Date _____
 Address _____ Phone _____
 City: _____ State: _____ Zip: _____

Prescription:

Patient Name: _____

Address: _____

Date: _____



One pair of InStride Shoes with (3) pairs of custom-molded multi-density inserts

Physician's Information:

Doctor's Name: _____

DEA No.: _____

Address: _____

Overseeing Physician must indicate prescribed items along with Physician's signature.

Please retain for your records.



Medicare Coverage For Diabetic Shoes and Inserts

Did you know that Medicare has a Therapeutic Shoe Bill? This Bill enables coverage of therapeutic shoes and insoles to eligible diabetic patients (Medicare Part B).

Medicare's intention is to reduce the incidence of diabetic foot complications that can result in expensive hospitalization. Due to the preventative nature of this Bill, a diabetic patient may qualify for shoes and insoles without a history of any foot complications. In fact, many individuals wear them to prevent foot problems as well as treat an existing foot condition. For patients meeting Medicare criteria, coverage is limited to one pair of additional depth shoes and three pair of inserts each calendar year. Most health insurance plans provide coverage for Therapeutic shoes and insoles.

Shoe and Insert Construction

The breathable upper material of full grain leather or lycra, gently wraps the foot, giving the feeling of wearing bedroom slippers. People with corns, calluses, claw feet, hammer toes or crossed toes really notice the difference in comfort. InStride Shoes shoe inserts are full length bilaminate, and are specially designed for the diabetic foot. With a top layer of fine-cell PRO-CELL EVA, the inserts will naturally custom mold to the foot without abrasion. InStride's accommodative inserts will not bottom out and will continue to provide a comfortable cushion from shock. The bottom layer is a firmer PROCELL PLUS EVA designed to hold the shape of the insole. The combination of the InStride Therapeutic Shoe and the InStride Shoe orthotic inserts are the finest choices in excellent foot health.

Do's

- Inspect your feet daily for blisters, cuts and scratches. Always check between your toes.
- Wash your feet daily. Dry carefully.
- Avoid extreme temperatures. Test water with your hands or elbow before bathing.
- Inspect the insides of your shoes daily for foreign objects, and rough areas.
- For dry feet, use a very thin coat of lubricating oil such as baby oil. Apply this after bathing and drying feet.
- Shoes should be fitted by a footcare specialist and be comfortable at the time of purchase.
- See your physician regularly and be sure to have your feet examined at each visit.

Don'ts

- Do not smoke.
- Do not soak your feet in hot water.
- Do not walk on hot surfaces as sandy beaches or on the cement around swimming pools.
- Do not walk barefooted.
- Do not use chemical agents for the removal of corns and calluses.
- Do not wear mended socks and avoid stockings with seams.
- Do not wear sandals with thongs between the toes.
- Do not cut corns or calluses; see your physician.
- Do not cross your legs. This can cause pressure on the nerves and blood vessels.

**Duane Reade Toll Free:
1-888-DME-NY-NJ
1-888-363-6965**

www.instrideshoes.com



Diabetes can't be cured, but it can be fought. Don't let diabetes take you out early. InStride shoes for diabetics by George Foreman.

AT LITTLE OR NO COST

with Medicare and Supplemental Insurance.

For a consultation and fitting see your Duane Reade pharmacist.

